## **DOMESTIC VIOLENCE & SEXUAL ASSAULT TRAINING**

New staff, volunteers and interns are required to attend our Domestic Violence and Sexual Assault Training. This training provides the knowledge and tools needed to work successfully with survivors of domestic and sexual violence.

## WHEN & WHERE WILL WE TRAIN?

Training is held at Northwestern Medicine Kishwaukee Hospital in DeKalb. 3 different times throughout the year: January, June and September.

Training is held on Tuesdays, Wednesdays and Saturdays.

## WHAT WILL I LEARN?

- History of Domestic Violence, Oppression, and the Feminist Movement
- The cycle of violence, Different types of abuse, Barriers/challenges to leaving
- Safety Planning
- Confidentiality, Boundaries, Empowerment Perspectives
- Effects of Domestic Violence on Children
- Teen Dating Violence
- Abusers, Beliefs and Characteristics of Domestic Violence Perpetrators, Signs that the batterer has or has not changed, Partner Abuse Intervention Program
- Populations with Complex Issues
- Legal Advocacy, Orders of Protection
- Sexual Assault Crisis Intervention
- Ending Sexual Violence Through Education
- Vicarious Trauma, Self Care